

# Free Fathers Support Group



A support group especially for fathers with Family Court experiences. All dads are welcome!

- \* Support while navigating through the Family Court system.
- \* Share your thoughts on the joys and challenges of fatherhood.
- \* Learn conflict resolution and decision making skills.
- \* Learn how to balance fatherhood, work, and personal time.

Every other Tuesday at 5:30pm

Upcoming meetings:

November 16, November 30, December 14,  
December 28, January 11, January 25

Pizza will be served.

MetroCards will be provided.



Legal Information for Families Today (LIFT)  
350 Broadway, Room 501  
Manhattan

For more information:

Call (212) 343-1122

Email [SupportGroup@LIFTonline.org](mailto:SupportGroup@LIFTonline.org)

Visit [www.LIFTonline.org](http://www.LIFTonline.org)