

# Free Fathers Support Group



A support group especially for fathers with Family Court experiences. All dads are welcome!

- \* Support while navigating through the Family Court system.
- \* Share your thoughts on the joys and challenges of fatherhood.
- \* Learn conflict resolution and decision making skills.
- \* Learn how to balance fatherhood, work, and personal time.

Every other Tuesday at 5:30pm  
Upcoming meetings  
July 27, August 10, August 24,  
September 7, September 21

Pizza will be served.  
MetroCards will be provided.



Legal Information for Families Today (LIFT)  
350 Broadway, Room 501  
Manhattan

For more information:  
Call (212) 343-1122  
Email [SupportGroup@LIFTonline.org](mailto:SupportGroup@LIFTonline.org)  
Visit [www.LIFTonline.org](http://www.LIFTonline.org)